

4 points

To Prevent Infection at Work

Before going to work



Point 1

At work



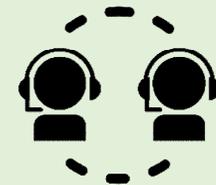
Point 2

On breaks



Point 3

New work practices



Point 4

Point 1

Before Going to Work

In previous cases:

- the virus spread because someone came into work despite having a fever, feeling sluggish, or showing other symptoms;
- the virus spread because someone had a meal with a person they didn't meet with often.



To prevent the spread

- ✓ **Avoid going to work** if you're not feeling well
- ✓ In addition to the usual precautions during meals, only eat **with family members or people you meet with regularly**



Point 2

At Work

In previous cases:

- the virus spread because someone continued working despite starting to feel sick;
- the virus spread because an office wasn't ventilated twice per hour;
- the virus spread because of a maskless conversation inside a car or during a meal.



To prevent the spread

- ✓ **Report feeling sick right away**
- ✓ **Wash hands, disinfect and ventilate properly, even at work**
- ✓ **Wear a mask or use a partition during in-person conversations**
- ✓ **Wear masks and ventilate even inside cars**



Point 3

On Breaks

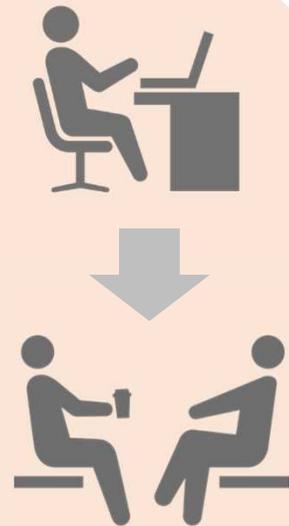
In previous cases:

- the virus spread because someone had a conversation without a mask or partition during lunch;
- the virus spread because someone had a maskless conversation in a break room or change room.



To prevent the spread

- ✓ Put on a mask to have conversations
- ✓ Take breaks or lunch and change at staggered times
- ✓ Take particular care even while you are resting during breaks



Point 4

New Work Practices

In previous cases:

- the virus spread during training or a meeting.



- ✓ Work remotely
- ✓ Implement rotation work
- ✓ Stagger your work hours
- ✓ Have conferences online

